



Welcome to our Lunch Cafe

Morris School District Elementary

October 2020

Monday

Tuesday

Wednesday

Thursday

Friday

HARVEST of the MONTH

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.



5 Bagel with String Cheese Corn & Pepper Salad Fresh Apple

6 Cold Crispy Chicken Sandwich Fresh Baby Carrots Fresh Orange Fat Free Chocolate Milk

7 Simply Boxed Yogurt Power Pack Celery Fresh Baby Carrots Fresh Pear Fat Free Chocolate Milk

1 Bagel with String Cheese Black Beans Fresh Grapes Fat Free Chocolate Milk

2 Not-A-Nut Butter & Jelly Sandwich Fresh Baby Carrots Cucumber Coins Fresh Pear Fat Free Chocolate Milk

12 Bagel with String Cheese Fresh Baby Carrots Apple Slices Fat Free Chocolate Milk

13 Cold Crispy Chicken Sandwich Corn & Pepper Salad Mayo Fresh Orange Fat Free Chocolate Milk

14 Turkey & Cheese Sandwich Mayo Fresh Baby Carrots Celery Plums Fat Free Chocolate Milk

8 Chicken Caesar Salad Confetti Garbanzo Bean Salad Ranch Dressing Fresh Apple Fat Free Chocolate Milk

9 Ham & Cheese Bagel Melt Fresh Baby Carrots Fresh Pear Fat Free Chocolate Milk
Take home & heat or eat cold!

19 Bagel with String Cheese Fresh Baby Carrots Fresh Pear Fat Free Chocolate Milk

20 Cold Crispy Chicken Drumstick Dinner Roll Fresh Baby Carrots Fresh Pear Fat Free Chocolate Milk

21 Simply Boxed Yogurt Power Pack Celery Fresh Baby Carrots Fresh Orange Fat Free Chocolate Milk

15 Simply Boxed Yogurt Power Pack Cucumber Coins Apple Slices Fat Free Chocolate Milk

16 Not-A-Nut Butter & Jelly Sandwich Cherry Tomatoes Fresh Pear Fat Free Chocolate Milk

26 Bagel with String Cheese Fresh Baby Carrots Fresh Apple Fat Free Chocolate Milk

27 Cold Crispy Chicken Sandwich Fresh Baby Carrots Fresh Pear Fat Free Chocolate Milk

28 Simply Boxed Yogurt Power Pack Celery Fresh Orange Fat Free Chocolate Milk

22 Chicken Caesar Salad Cherry Tomatoes Apple Slices Fat Free Chocolate Milk

23 Bagel Melt Fresh Baby Carrots Fresh Apple Fat Free Chocolate Milk 1% Milk
Take home & heat or eat cold!

26 Bagel with String Cheese Fresh Baby Carrots Fresh Apple Fat Free Chocolate Milk

27 Cold Crispy Chicken Sandwich Fresh Baby Carrots Fresh Pear Fat Free Chocolate Milk

28 Simply Boxed Yogurt Power Pack Celery Fresh Orange Fat Free Chocolate Milk

29 Ham & Cheese Sandwich Mayo Fresh Baby Carrots Celery Plums Fat Free Chocolate Milk

30 Pepperoni & Cheese Melt Side Salad Ranch Dressing Fresh Pear Fat Free Chocolate Milk
Take home & heat or eat cold!



We are Simply Rooted® in food and family and our menus are nutritious and flavorful. Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



ALL LUNCHEs INCLUDE PROTEIN, GRAIN, FRESH FRUIT, VEGETABLE & FAT FREE MILK LUNCHEs ARE FREE OF CHARGE AT THE PRESENT TIME PLEASE LET YOUR TEACHER KNOW IF YOU WOULD LIKE

GRAB & GO BREAKFAST & LUNCH AVAILABLE & SENT HOME DAILY

@ NO CHARGE FOR ALL STUDENTS

VIRTUAL STUDENTS CAN PICK UP BREAKFAST & LUNCH AS FOLLOWS: Mon. & Thurs @Morris HS: 3:00-3:30

Thursday pick up includes weekend meals questions, call 973-292-2000 ext 2111 or email Linda.Ladoleta@msdk12.org

LUNCH TO TAKE HOME With Natural Ingredients

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.